



GOOD NEWS ABOUT SEX, PART 2:

# PRACTICE MAKES PERFECT

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## Review:

### GOD CREATED SEX!

1. To produce children
2. To promote unity and intimacy
3. To provide pleasure

### GOD WANTS YOU TO HAVE GREAT SEX!

1. So he created the perfect context: marriage.
2. So he has given us guidance in the Bible.
3. So he gives us a fresh start.

Since, then, you have been raised with Christ, set your hearts on things above, where Christ is seated at the right hand of God. Set your minds on things above, not on earthly things. For you died, and your life is now hidden with Christ in God. When Christ, who is your life, appears, then you also will appear with him in glory.

Put to death, therefore, whatever belongs to your earthly nature: sexual immorality, impurity, lust, evil desires and greed, which is idolatry. Because of these, the wrath of God is coming. You used to walk in these ways, in the life you once lived. But now you must rid yourselves of all such things as these: anger, rage, malice, slander, and filthy language from your lips. Do not lie to each other, since you have taken off your old self with its practices and have put on the new self, which is being renewed in knowledge in the image of its Creator. Colossians 3:1-10 (NIV)

Today's big idea: Practice makes perfect  
Practice makes permanent  
Practice makes better

Today's question: What are you practicing?  
What are you getting better at?  
What is becoming a permanent part of you?

Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock. But everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on sand. The rain came down, the streams rose, and the winds blew and beat against that house, and it fell with a great crash.  
Matthew 7:24-27 (NIV)

My dear children, let's not just talk about love; let's practice real love.  
1 John 3:18 (The Message)

Love is kind and patient, never jealous, boastful, proud, or rude. Love isn't selfish or quick tempered. It doesn't keep a record of wrongs that others do. Love rejoices in the truth, but not in evil. Love is always supportive, loyal, hopeful, and trusting. Love never fails! 1 Corinthians 13:4-8 (CEV)

I need to STOP practicing...

I need to START / KEEP practicing...

And so, dear brothers and sisters, I plead with you to give your bodies to God. Let them be a living and holy sacrifice — the kind he will accept. When you think of what he has done for you, is this too much to ask? Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will know what God wants you to do, and you will know how good and pleasing and perfect his will really is.  
Romans 12:1-2 (NLT)